



Equipment list snowshoe hikes

Clothes:

warm cap

warm gloves

possibly additional gloves

various layers:

- (functional)-shirt
- long sleeve
- fleece or down jacket

hardshell jacket (Goretex etc.)

touring or skiing pants

hardshell jacket (Goretex etc.)

hiking socks

additional socks

hiking or trekking shoes (ankle high, water resistant)

gaiters

backpack (25-30 L)

telescope poles and snowshoes (offered as rental equipment)

Food & Others:

drinking bottle

thermos

food (bread, fruit, cereal bar)

cap

sun glasses

possibly ski goggles

suncream

lip protection

cash and bank card (for cable-car, hut or shelter)

health insurance card

cell phone